



CONSTRUCT A POWERFUL 3-YEAR VISION

DREAMTEAM

COACHING

A INTRODUCTION TO DAY ONE OF YOUR 3-YEAR PROGRAMME

Welcome and congratulations on joining Dream Team Coaching; myself and our team are here to support, encourage, and find your potential. Everything we do has been tested, modified and improved upon by me, and has been my bible for over a decade. The results can be spectacular – what I need from you is:

- 1. COMMITMENT** – attend every day, follow the plan, and never give up.
- 2. POSITIVE ATTITUDE** – bring a ‘half-full cup’ attitude, NOT a ‘half-empty cup’ attitude to the group.
- 3. DESIRE AND PASSION** – if you want a super-fantastic life, you need a burning passion in the pit of your stomach to achieve it.

WHAT YOU WILL GET FROM US:

A partner to help, to encourage, to motivate, to inspire; to pick you up and say ‘well done’ when you need it. We will provide you with focus, and most importantly, accountability.

THE GROUP

The group you are in will go on a journey over the next three years. You will make new friends and colleagues, and will share ideas. The group is a community that you can be inspired by.

DAY ONE IS A FOUNDATION DAY – the foundation to your business and life; what you put in now will serve you well in the next 20 to 40 years. However, before we put in the foundation and draw up the plans to our life, we must clear the baggage (or the land). Just as we would do if we were building a home or a hotel, we cannot go forward until we clear up the past.

Enjoy the day, give all you can, and we will change the future.

Karl Hartey

“With an eye to the future”

STRATEGY 1

*To be successful,
do four things
that will give you
an edge on your
competitors:*

- 1. Turn up on time*
- 2. Say please and thank you*
- 3. Do as you say*
- 4. Under promise
Over deliver.*

*“When you
walk with
a purpose,
you will
collide
with your
destiny.”*



CONSTRUCT A POWERFUL 3-YEAR VISION

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IDENTIFY YOUR ROLES

Roles represent the key relationships you have with other people. Roles represent your principal areas of responsibility in life. Roles represent the areas in which you can make a contribution.

STEPS TO IDENTIFYING YOUR KEY ROLES

List each of the roles you play in life, e.g., spouse, parent, business owner, friend, community member, sports team, etc. You may want to combine functions to keep your total number of roles to seven or fewer. Don't forget to include 'MYSELF' as one of the roles.

List the people connected with each role, e.g. in your role as employer, the key people associated with that role would be your staff.

Finally, write a description of your ideal performance in each role – even if this is not the reality at the moment, e.g. using the example of 'parent' you might write, 'I give my children unlimited love and support; I am always available to take them to important events; I make it safe for them to say anything to me; I encourage honest communication at all times.'

Remember to use positive statements when describing your ideal performance in each role.

ROLE 1:..... Key People:

Ideal Performance:

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ROLE 2:..... Key People:

Ideal Performance:

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ROLE 3:..... Key People:

Ideal Performance:

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ROLE 4:..... Key People:

Ideal Performance:

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ROLE 5:..... Key People:

Ideal Performance:

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ROLE 6:..... Key People:

Ideal Performance:

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ROLE 7:..... Key People:

Ideal Performance:

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STRATEGY 1

RESOURCE BANK

You can read much more about Values and Roles in these books.

'First Things First' by Stephen Covey

'The 7 Habits of Highly Effective People' by Stephen Covey

See also the Franklin Covey Time Management system based on 'First Things First'.

For information, call 0870 600 0226



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WHAT NEEDS TO CHANGE FOR THIS TO HAPPEN?

STRATEGY 1

CONSIDER

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DECIDE

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ACT

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